

# Resistance Stepper

Product Code AMVFAF-RS

£2,200

Price stated is for product only.<br>Contact us for a delivery & installation quote based on your location.

## Dimensions:

Length	821 mm
Width	595 mm
Height	1422 mm

## Key Stage:

## Play Values

This product supports the following areas of child development.



Balancing



Stretching & Flexibility



Strength



Gross Motor Skills



## Description

Just like steppers found in an indoor gym, our outdoor Resistance Stepper allows the user to set the required difficulty level 1-11. Suitable for all abilities, users new to fitness simply select the lowest intensity while those who workout regularly can set themselves a much harder challenge using a higher level.

### BENEFITS

- Has a variable resistance level 1-11
- Exercises the thighs, hips and core
- Improves balance, coordination and flexibility
- Gives an excellent cardiovascular workout
- Low impact on joints
- Suitable from 11 years +

### SAFETY AND COMPLIANCE

Clearly labelled with safety-in-use guidance and with suggested workouts to help students get the greatest benefit.

Produced under ISO9001 for quality standards and management, and conforms to UK safety standards EN1176 & EN16630.

### WARRANTY

- 25 year guarantee on structural parts
- 5 year guarantee on paint and finishes
- 2 year guarantee on bearings and moving parts.
- Plastic parts and accessories are covered for 1 year.